HUMAN DESIGN
WHO AM I?



Human Design EU

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The Human Design System is based on Western Astrology, Chakras, Quantum Physics, Kabbalah, and the I Ching.

Human Design is founded on neutrinos. Neutrinos are particles with a mass almost equal to zero, making them incredibly unique and fast-moving. Three trillion neutrinos pass through the planet every second.

Ra Uru Hu defined the science of neutrinos as the foundation behind the Human Design system and explained how energy flows through our bodies and influences our interactions in life.

Human Design is essentially a map to better understand your genetic nature. The Human Design Chart, which includes the BodyGraph, indicates where energy flows within you and how to use that energy most effectively.

Human Design serves as a blueprint for your life.

Beyond understanding your genetic nature, it helps uncover both the conscious and unconscious aspects of yourself, bringing you into true alignment with who you are. This concept is rooted in psychology to help bring more fulfillment into your life.

Your Human Design type is determined by your birth date, time, and place, based on the idea that every individual is created to live on Earth with purpose and intention.

Human Design has existed for about 35 years since its founder, Ra Uru Hu, had an encounter with what he called "The Voice." This encounter lasted eight days, during which "The Voice" shared information that Ra Uru Hu transcribed. This material remains the guidebook for those seeking insight into who they truly are. In this e-book, we offer you a tool to experiment with and see how it might help you in your daily life.

You don’t need to believe in or trust it; instead, use it as a reference and support if you’ve been grappling with the question, “Who am I and why am I here?”

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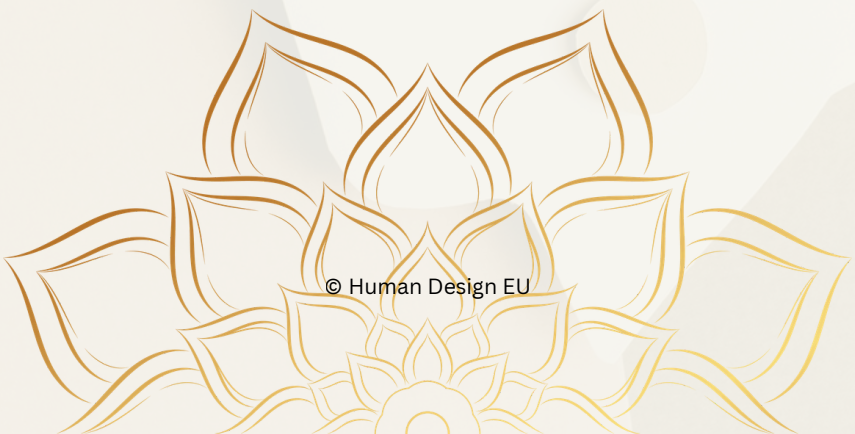
Your journey to awakening begins with a growing awareness of your sophisticated body and a deep trust in its intelligence as a compass for life.

By fully trusting your own ability to navigate through life, you will come to accept yourself more deeply and genuinely love both yourself and others.

In Human Design, this is the point of personal transformation—seeing through the illusion and living an awake and conscious life.

To guide you on your journey, here is your Personalized Human Design Overview. If this information resonates with you, there is so much more that Human Design can reveal about you.

There is nothing as rich and powerful as this foundational information.



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Download your Chart

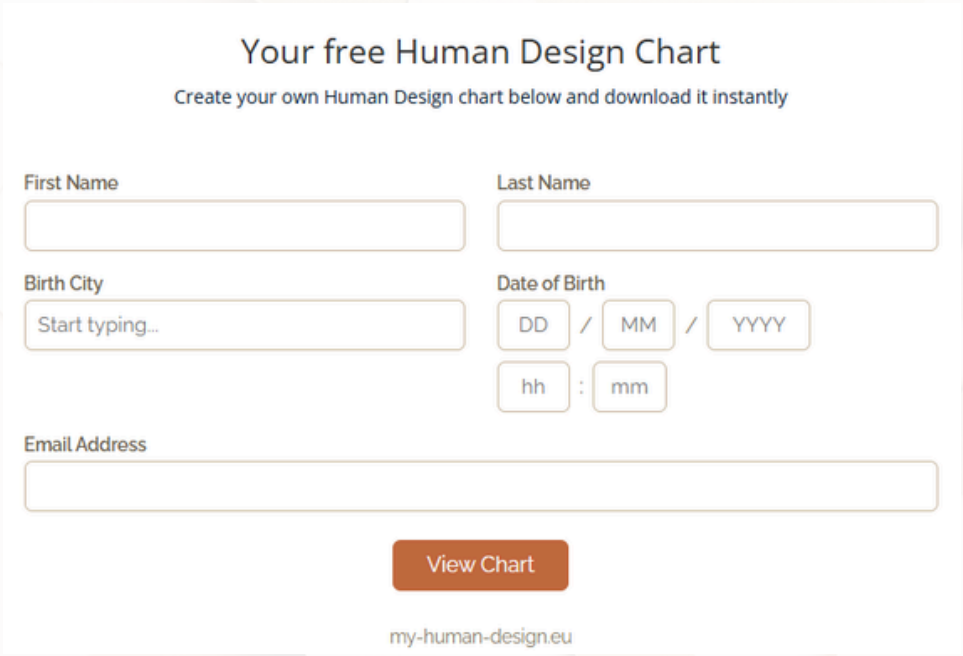
To learn your Type, Strategy, Not-Self, and Signature, you can create a Human Design Chart for yourself or for friends and family.

This can be done through the website en.humandesign-belgie.be

Note: If you do not know your exact birth time, do not guess, as the result in your Human Design Chart could present a completely different picture of you than who you truly are. This could lead to self-doubt, which is certainly not the intention.

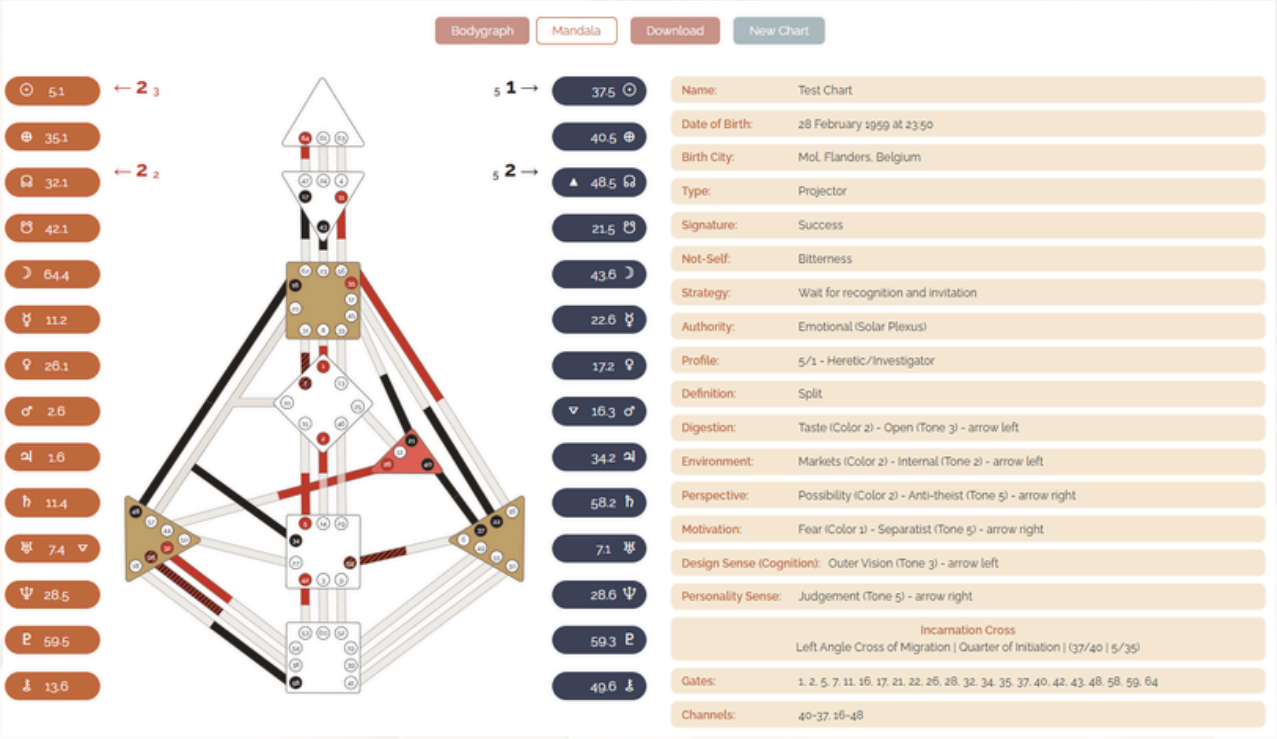
Play it safe and request a copy of your birth certificate from your local municipality office. This is completely free and, in most cases, can even be requested via email.

Once you have entered all the information, click on 'Generate Chart' at the bottom.



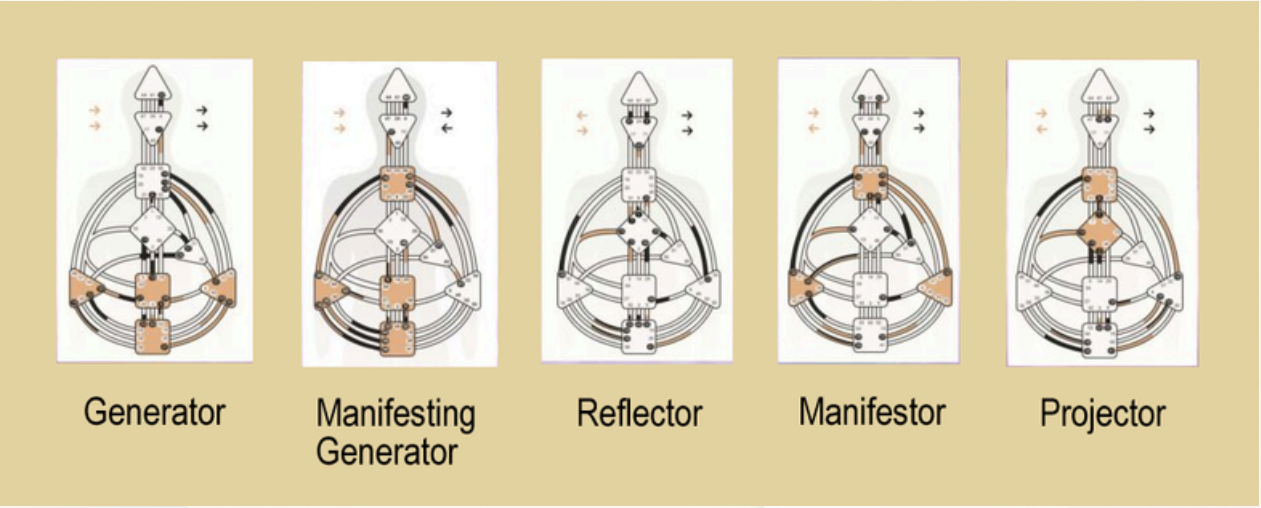
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Your Chart is generated and looks like this:



In the following pages of this e-book, we will briefly discuss your Type, Strategy, Not-Self, Signature, and Profile.

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Type

Your Human Design Type is how you energetically interact with life, with others, and with the universe.

It is the expression of your aura. Each Type has a unique aura, shaped by its energy centers, which communicates and interacts differently with others and the world. The way you communicate is called your Strategy.

By using your Strategy, you begin to live a life with less resistance.

What often happens when you don't live in alignment with your Type is that your personality and mind want one thing, while your energy and soul want something else. This disconnect creates mixed signals sent out into the universe.

Aligning with your Type means connecting to how it feels in your body.

Throughout your Human Design experiment, the goal is to master your Strategy and Authority. Once you've mastered this, a whole new life opens up. You might notice that your relationships become stronger, your decision-making sharper, and your overall health improves.

Remember, your Type doesn't bind you to anything. It doesn't tell you who you are, but rather how the energy of your aura interacts with the world around you.

You'll never "think" your way into alignment—you feel your way into it, and that's what Type is all about.

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Generator



Generators, making up 37% of the population, are the workers of the world.

Without Generators, there would be no "creating" or "doing."

This Type is known for being energetic and eager to tackle problems and challenges, guided by their Strategy: responding. Additionally, they have a consistent energy source in their Sacral Center, making them less likely to experience burnout.

As a Generator, you may have a tendency to dive headfirst into new projects or commitments, only to feel bored or frustrated later. To conserve energy and avoid frustration, it's important to be mindful of what you say "yes" to and take time before making decisions.

This Type has one main challenge. Like many talented individuals, Generators often don't realize how unique they are. Lacking awareness of how to use their energy correctly, they may waste themselves chasing goals and desires imposed by external expectations. Instead of doing what brings them joy, they may work and live for money or fame, ignoring the desires of their own soul.

Instead of chasing life, let life come to you. For Generators, life is all about responding. Only do what brings you satisfaction, because only that will lead to your happiness.

By responding, persevering, practicing, repeating, and refining, Generators learn who they are and how best to respond to life. This allows them to fully experience the story of who they truly are.

Their deep connection to their Sacral Center enables them to either stay in an experience and continue to grow or accept that they've learned the necessary lessons and wait for the next opportunity for growth.

When you learn to listen to your body, you will find your signature Theme: satisfaction and purpose in life.

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Manifestor



Manifestors make up 10% of the population and are known as the pioneers of the world. They are happiest when working alone, solving problems, and making a difference; however, they thrive on the energy of other Types and find balance in their support.

Manifestors have the strongest energy of all the Types, meaning they often call things into existence (or manifest).

The secret to success for Manifestors lies in communication and informing. They must inform those who will be impacted about what they plan to do.

By informing others before taking action, the people around them can actually support them by contributing their energy to what the Manifestor has initiated.

However, don't confuse the need to inform with asking for permission. Manifestors are often determined in their pursuits and move forward without asking.

Anger is a sign that a Manifestor is not living in alignment with their true identity.

When a Manifestor is unable to carry out their actions or when their creative flow is interrupted and they are forced to stop their creative steps or explain what they are doing, they may experience the emotional theme of anger.

Anger indicates that a Manifestor's creative flow has been disrupted. It is the force of their creative energy with nowhere to go because it is no longer being channeled into action.

Once Manifestors learn to communicate effectively and inform others of their intentions, they can feel peace and move forward in true alignment. Communication helps alleviate the sense of control others may impose and allows the Manifestor to experience their true Theme: genuine peace.

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Manifesting Generator



Manifesting Generators make up about 33% of the population. What sets this Type apart is that it combines the characteristics of both a Manifestor and a Generator.

Manifesting Generators find joy in trying new things and getting the most out of life. In their potential, they are the most powerful Type, capable of reaching incredible heights thanks to their abundant energy and ability to initiate.

Manifesting Generators work hard like a Generator, drawing their energy from the Sacral Center, but they also have the ability to call things into existence, like a Manifestor.

Once a Manifesting Generator has something to respond to, they can move into action with the same speed and inner alignment as a Generator.

Like the Generator, Manifesting Generators experience cycles of frustration that indicate change is on the horizon. And like the Manifestor, they also experience anger when their internal, non-verbal creative flow is disrupted.

The inner alignment of the Manifesting Generator connects them to a creative flow that brings change, transformation, and innovation into the world in new ways. The wisdom of the Manifesting Generator lies in their ability to learn through experience which steps are essential for skillful creation and which steps can be skipped.

Frustration and anger signal to the Manifesting Generator that change is coming and that they need to enhance their creative flow by informing those affected by their actions.

The Manifesting Generator's theme (satisfaction) will only manifest once they learn to conserve energy by working carefully, strategically, and in response.

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Projector



Projectors possess a captivating and complex depth in their minds.

This Type represents 20% of the population and differs from other Types due to their lack of consistent, internally generated energy.

Projectors must use their energy wisely to live in alignment. Without careful energy management, they risk burnout in life.

Key characteristics of a Projector include a feeling of not having a clear calling and a desire to be recognized for their skills. However, Projectors possess abilities that are highly valued by others, making them excellent leaders. When Projectors learn to wait for recognition and the invitation, they can find fulfillment in their lives.

Energy is crucial for Projectors. They rely on aligning with the creative processes of others to serve the world in the best way possible. If a Projector does not align correctly with these processes, they risk using their own energy to force a project, which can lead to burnout.

When a Projector fails to value their own wisdom, they may become so thirsty for opportunities that they accept any offer presented to them. Drinking from the wrong cup can be toxic for a Projector's energy, leaving them feeling drained and bitter.

By waiting for the right invitation, Projectors can provide the essential guidance that brings satisfaction to both themselves and others.

Projectors who do not wait for the invitation often feel undervalued or experience bitterness, which can prevent them from living happily. More importantly, learning to accept the right invitations becomes a vital skill, allowing Projectors to rise above their challenges.

An awakened Projector knows their worth and stands in their value, understanding that what they have to offer will only serve its purpose when shared with the right people at the right time.

Success is the theme for Projectors, which makes them truly special. So if you are a Projector, find joy in your work, and you will find success.

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Reflector



Reflectors are the rarest of all Types, representing only 1% of the global population.

Despite this rarity, Reflectors are highly sensitive to the world around them. Their aura is focused and absorbing. They do not generate their own energy but instead receive it from others.

Have you ever been near someone who can immediately sense if an environment is safe? This is characteristic of Reflectors. They are sensitive to energy and, if they are not careful, can absorb negative energy from their surroundings.

Reflectors, true to their name, absorb the energy around them and reflect it back into the world. As a Reflector, the people you interact with pick up on the energy you reflect, and vice versa.

The Reflector's lesson is to let go of the need to fix what isn't working, to share and experience what they see and feel, and to trust in the universal flow of right timing to support the world's transformation toward alignment and peace. Reflectors are tasked with standing firmly in their awareness of what they feel and sense, using their life as a mirror to awaken others. However, they must remember that it is not their responsibility to correct others.

Reflectors rely heavily on the lunar cycle and the energies it brings. To live in alignment, Reflectors must wait for a full lunar cycle before making major decisions.

Reflectors need time to discuss their decisions and choices with others while waiting for clarity. They must see their decisions reflected in dialogue with others to gain a better understanding of what action to take. If Reflectors don't give themselves this time—which can be challenging in our fast-paced world—they may rush into decisions and feel pressured to make quick choices that ultimately don't align with their true needs.

Once a Reflector learns to live according to the lunar cycle, they can experience genuine curiosity and delight in the world around them. Surprise, therefore, is the theme of a Reflector.

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Strategy

Your Human Design Strategy is how the universe communicates with you.

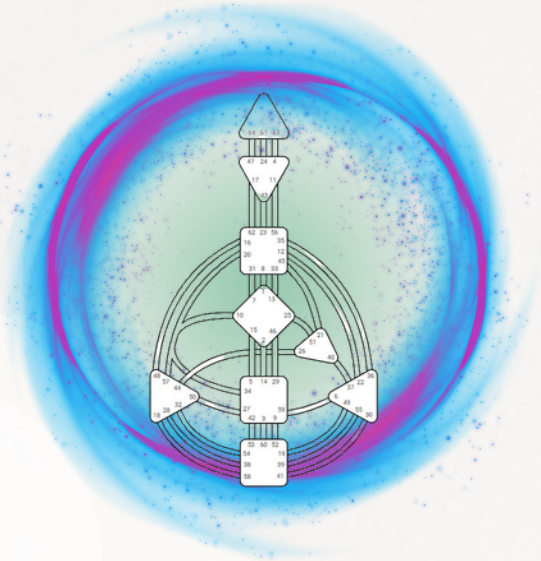
Strategy is about truly listening and responding to the universe; it's the way the universe speaks to you.

It's really that simple—no lengthy, overcomplicated information is needed that might only confuse you further.

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GENERATOR STRATEGY

(Wait) To respond



The strategy of the Generator is (wait) to respond.

This response is a physical reaction that arises in answer to a question. In most Generators' lives, this response often goes unnoticed. Typically, it naturally manifests as gut sounds like "yep," "nah," "uh-huh," "yeah," "mmm," and others—sounds that your body makes instinctively and independently when you are asked a question.

This is the answer that arises before your mind has a chance to step in and start working.

What the response reveals is your true attitude toward the question. It reflects what you genuinely want to say but often ignore, leading you to become involved in things that aren't right for you.

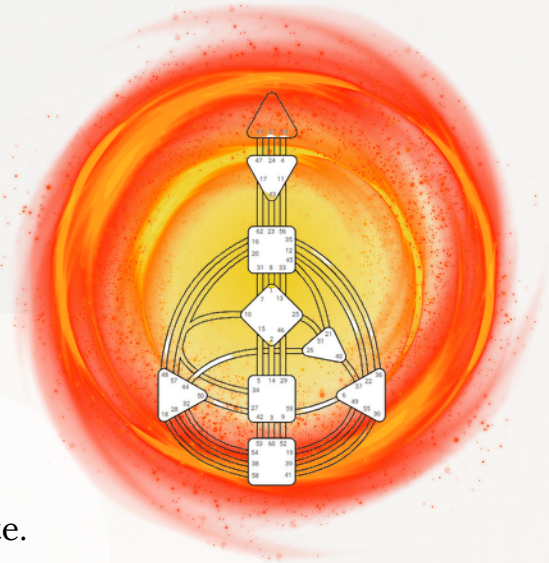
Let your body speak for you, and you'll be amazed at how much easier life becomes!

When you stop doing what you "should" do and start doing what you "want" to do, you'll reduce the resistance in your life.

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MANIFESTOR STRATEGY

Inform & Initiate



The strategy of the Manifestor is: inform and initiate.

Instead of doing everything on your own, it's better to explain your intentions before taking action. You are a natural leader, so others will support you.

This Type is highly independent and uses this trait to solve problems on their own —without asking for permission, without seeking help, and without reporting to anyone.

The Manifestor often sees this approach as the correct one.

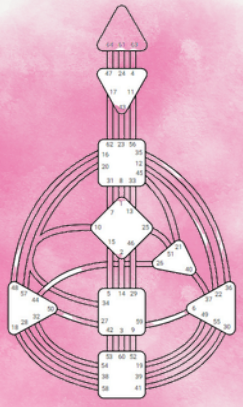
However, in reality, it tends to provoke reflexive resistance from those around them.

If the Manifestor develops the habit of first informing those who may be affected by their decisions, they will significantly reduce resistance.

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MANIFESTING GENERATOR STRATEGY

Inform & Respond



The strategy of the Manifesting Generator is: respond and inform.

You are a hybrid of the Manifestor and the Generator. As a Generator, your primary role is to respond to your external environment, waiting for the universe to send you something to respond to that aligns with what you want to create. Once you have your external cue, inform others before taking action.

It is vital for the Manifesting Generator to learn to listen to the voice of their inner self. The response embodies all the wisdom of the body (subconscious), which knows far more about your true desires than the restless mind.

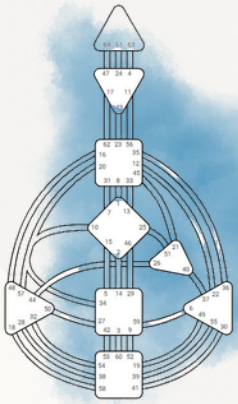
The response is expressed in the form of gut sounds like "yeah," "yep," "uh-uh," and similar reactions. These are immediate responses that arise in reaction to an external offer or question.

The advantage of the response is that it bypasses the mind entirely. It is an unconscious reaction but one that is much more honest than when the Manifesting Generator consciously tries to respond.

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PROJECTOR STRATEGY

Waiting for recognition & Invitation



The strategy of the Projector is: waiting for the invitation.

This means you must wait to be recognized for your wisdom or to share the potential you see in others before offering your guidance.

If you give advice too quickly without being invited, it is likely to be met with resistance and not well-received.

You are an excellent leader, but sometimes you push yourself (and others) too far. This can create friction. Take a step back and allow others to appreciate your work first. If they invite you to do more, seize the opportunity.

"Invitation" is a very abstract concept. Sometimes it requires a formal letter, while other times, just a curious look from someone can be enough.

A Projector's ability to sense when someone is genuinely interested in them and when they are not is key. This understanding grows with the experience of living your Design.

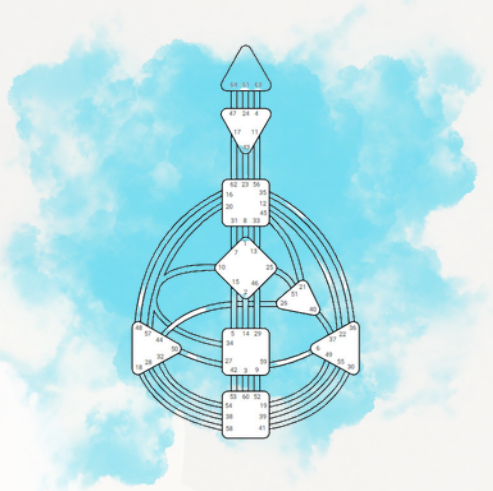
When a Projector is invited, it literally means that someone needs their help and is open to a mutually beneficial collaboration. Only in such cases will the Projector be able to apply their leadership skills effectively, without provoking the natural rejection response that often occurs in the absence of an invitation.

It is also important to learn to recognize the wrong opportunities for yourself to avoid taking on unwanted obligations.

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REFLECTOR STRATEGY

Waiting for a lunar cycle



The strategy of the Reflector is: waiting approx. 28 days or a lunar cycle.

As a lunar being, the moon moves through your Design every 28 days, and you usually need to wait for this cycle to gain clarity. As the moon moves through your Design, you will feel what is right and not right for you. Don't rush—over time, you'll know what aligns with you.

You reflect the energies around you, which makes you naturally sensitive and ever-changing. This is your gift!

Don't try to mask it to make others more comfortable. Embrace your open nature and give yourself permission to explore the mysteries of life—don't worry about what others think.

Internally, this Type lacks a stable compass or Authority to tell them the rightness of actions or decisions.

Their Strategy depends on the lunar cycle.

Every Reflector has their own unique cycle.

It begins the moment you receive an important proposal or feel the need to make a decision.

After 28 days, you'll be ready to answer with a Yes or No.

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Not-Self & Signature

In Human Design, each Type has a Signature (theme) and a Not-Self (theme) that let us know whether we are using our energy "correctly" or not.

"Correct" in Human Design doesn't refer to moral values, societal norms, or cultural conditioning. It means using your energy in a way that aligns with your Design instead of creating resistance by going against your natural energy flow.

The Not-Self is a term used in Human Design to describe when the mind misidentifies us as something we are not. In other words, it's what you feel when you are not being your true self.

We go against our natural energy flow due to conditioning—thought patterns, feelings, and behaviors "imprinted" on us by other people.

Your undefined centers are where you are most likely to be conditioned.

By observing how your undefined energy centers manifest in your thoughts, feelings, and actions, you can catch yourself before the Not-Self theme arises.

Take a closer look at your undefined (or open) centers. Then start noticing these specific patterns in your daily life.



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Generator

NOT-SELF

Frustration

SIGNATURE

Satisfaction

Not-Self Theme: Frustration

This is an indicator that you are no longer in alignment with your Design.
If you are not living your energy Type as a Generator, you may feel emotionally frustrated. Your energy also becomes frustrated because it isn't flowing or moving. This feels like stagnation: feeling uninspired, unengaged, and so on.
This frustration is a gift from the universe to help you correct your direction.
If you find yourself in this state, ask yourself where you are doing things you think you have to do but that don't bring you joy. Then ask the universe—or yourself—for guidance on how to stop doing those things. This means learning, in a kind and intentional way, to say NO to things that don't bring you joy.
If you feel burnt out or can't think of anything that excites you, start by cutting ties with things that don't inspire you. Those things are draining you, leaving no room for things that do excite you.
It's better to do NOTHING (so you have energy to respond to something exciting when it comes along) than to do something that doesn't make you happy.

Signature theme: Satisfaction

This is your indicator that you are living in alignment with your Design.
If you are successfully living your energy Type as a Generator, you will feel satisfied. This is the feeling of well-spent energy and/or fulfilling work because you are dedicating your time to what excites you on a Sacral level, generating that positive energy within you.
It can also manifest as a sense of fulfillment or contentment.
This feeling of satisfaction (or fulfillment/contentment) is the universe's confirmation that you are living your Design correctly.

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Manifestor

NOT-SELF

Anger

SIGNATURE

Peace

Not-Self Theme: Anger

This is the indicator that you are no longer in alignment with your Design.
If, as a Manifestor, you wait for others' approval, ignore your soul's urges, or feel like you must constantly stay busy, you will experience your Not-Self theme of anger (or irritation).
This often feels like going against the world, with everyone seemingly trying to tell you what to do, which frustrates and irritates you.
It can also manifest as a subtle, latent background anger if you've spent most of your life not living in alignment with your Design.
This is the universe's way of asking you to explore other ways to unapologetically be yourself so you can honor your own needs.
Your biggest struggle is likely feeling that the world around you is rigid and confining. But as you begin to embrace your own freedom, the world will reflect that freedom back to you.

Signature Theme: Peace

This is your indicator that you are living in alignment with your Design.
When you are living your Design as a Manifestor correctly—following your urges, respecting your energy, taking action when inspired, and resting when you're not—you feel balanced.
You feel as though everything is flowing effortlessly, and you're content because you're free to do what you want.
You don't feel like those around you are trying to tell you what to do. This leads to a sense of peace (or a calm feeling of freedom) that permeates everything you do.
This feeling of peace (or calm/freedom) is the universe's confirmation that you are living your Design correctly.

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Manifesting Generator

NOT-SELF

Frustration

SIGNATURE

Satisfaction

Not-Self theme: frustration (and anger)

As a Manifesting Generator, you will primarily feel frustration when living in your Not-Self theme (stemming from your Generator energy). This frustration can feel emotional, but it also manifests as blocked energy, where things stop flowing or moving.
It feels like stagnation: feeling uninspired, lethargic, or disengaged.
This frustration is a gift from the universe to help you realign your course.
If you find yourself in this state, ask yourself where you are doing things you think you have to do but that don't bring you happiness. Then, ask the universe—or yourself—for guidance on how to stop doing them. This means learning to say NO in a kind and intentional way to things that don't bring you joy.
If you're feeling burnt out or can't think of anything that excites you, start breaking ties with things that don't stimulate or inspire you. These things drain you, leaving no space for what truly excites you.
It's better to do NOTHING (so you have energy to respond when something exciting comes along) than to do something that doesn't make you happy.
You may also feel anger as another form of your Not-Self theme (stemming from your Manifestor energy).
This anger or irritation often feels like going against the whole world, with everyone seemingly trying to tell you what to do (or in what order to do it), which can be deeply frustrating.
This anger can also manifest as a subtle, latent background feeling if you've spent most of your life not living according to your Design.
Your biggest struggle is likely feeling that the world around you is rigid and overly strict. However, as you begin to embrace your own freedom, the world will start reflecting that freedom back to you.

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Signature theme: fulfillment (and satisfaction)

This is your indicator that you are living in alignment with your Design.
As a Manifesting Generator, you will typically feel satisfaction as your signature theme (stemming from your Generator energy). This is the feeling of well-spent energy and/or fulfilling work, as you dedicate your time to what makes you happy on a Sacral level, generating that positive energy within you. It may also manifest as a sense of fulfillment or contentment.
You may also feel satisfaction as another form of your signature theme (stemming from your Manifestor energy). You feel as though everything is flowing effortlessly, and you're content because you're free to do what you want. You don't feel like everyone or the world around you is trying to tell you what to do. This leads to a sense of satisfaction (or a calm feeling of freedom) that permeates everything you do. This feeling of satisfaction (or peace) is the universe's confirmation that you are living your Design correctly.

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Projector

NOT-SELF

Bitterness

SIGNATURE

Success

Not-Self theme: Bitterness

This is the indicator that you are no longer living in alignment with your Design.
If you are constantly trying to keep up with the rest of the world, overworking yourself, not waiting for the invitation, or looking to others for validation, you may feel bitter.
This bitterness can also manifest as irritation.
You may feel bitter when others don't take your advice, don't seem to understand you, or fail to recognize your wisdom. However, this usually happens because you didn't wait for the invitation to share your wisdom.
This bitterness toward others can also stem from feeling like things aren't going your way or obsessing over why things aren't unfolding as you'd like.
When you focus unconstructively on what's wrong in the world or in your life, you feel bitter because you're wasting some of your precious energy on something that doesn't serve you.
Feeling this bitterness is a reminder to shift your focus to what is going well and what you want to create.
It's a sign to remove your attention from what makes you bitter.

Signature theme: Success

This is your indicator that you are living in alignment with your Design.
When you live your Design correctly and balance your energy as a Projector, you will feel successful.
You'll notice more invitations coming your way, and in turn, you'll experience more appreciation, recognition, success in your field, money, impact, and so on.
This theme is unique in that it isn't really an emotion. That's because success represents validation/recognition, which is what Projectors seek the most.
A guide cannot lead without people willing to be guided.
The more you balance your energy (work, rest, and refining/showcasing your 'zone of genius') and value yourself internally, the more invitations you will receive, and the more successful you will feel.
It's also important to define what success looks like for you.
This feeling of success is the universe's confirmation that you are living your Design correctly.

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Reflector

NOT-SELF

Disappointment

SIGNATURE

Surprise

Not-Self theme: Disappointment

This is the indicator that you are no longer living in alignment with your Design.
If, as a Reflector, you spend time in environments that don't feel right, shield yourself too much from others, or pressure yourself to stick to one label or identity, you may feel disappointed or bored with life.
You are designed to experience joy, surprise, and delight in the variety life has to offer.
When you feel disappointed with life, return to finding environments that feel good for you, and allow yourself to soak up all the amazing energy of those spaces.
This will open you up to life and, in turn, to your signature theme of surprise.

Signature theme: Surprise

This is your indicator that you are living in alignment with your Design.
As a Reflector, you experience so much variety and change from day to day.
When you place yourself in an environment that feels good and soak up the experiences it has to offer, you will feel a greater sense of surprise or delight about life.
In such an environment, you can let go of labeling things as good or bad and instead flow toward what feels best for you.
This feeling of surprise (or delight/amusement) is the universe's confirmation that you are living your Design correctly.

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Don’t fully recognize yourself in your Human Design Type? That’s not unusual because you are so much more than just your Type!

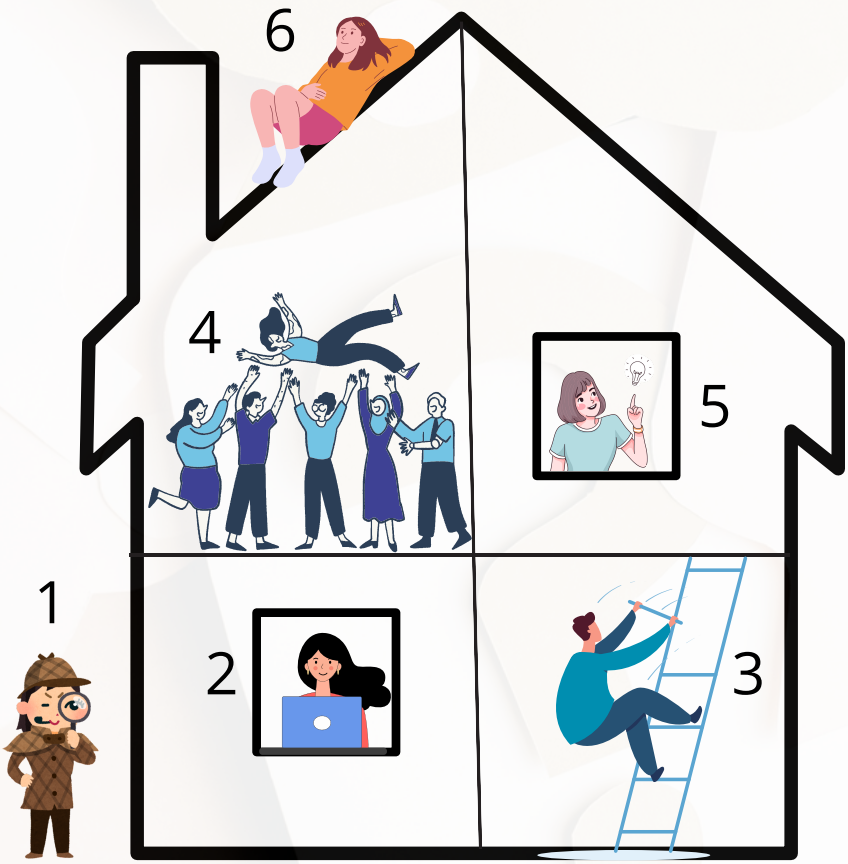
Your Type is the foundation of your Design. But everything takes shape through the rest of your Design, and your Profile plays a significant role in that.

Your Profile reflects your personality and your role in society. For example, two people with the same Profile are likely to have much more in common than two people of the same Type.

In life, we have two “roles” (or Profiles), which you can see in your Chart as the two numbers (1 through 6) listed under 'Profile.'

The first number describes your conscious personality, which you’re likely to recognize immediately. The second number describes your more unconscious personality.

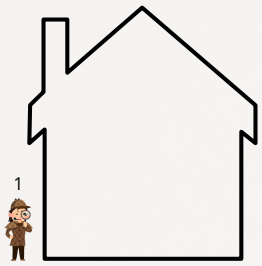
The “house” analogy is a perfect example to illustrate how these energies move and work together.



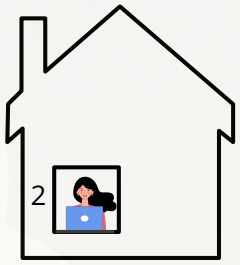
Read a brief description of each Profile Line on the next page.

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Profile 1: Investigator
The Investigator loves to dig deep into everything; you seek certainty and want to know and understand everything in detail. Once you've gathered enough knowledge, you share it lovingly with the world—because no one understands it better than you.



Profile 2: Hermit
The Hermit is a natural talent—someone who is naturally very skilled at something. But working on or with that talent is something you prefer to do alone. Like a true Hermit, you enjoy living in your own space and doing your own thing.



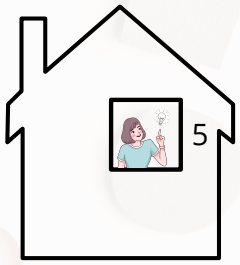
Profile 3: Martyr
You are a great adventurer who wants to try everything for yourself, often making "mistakes" along the way. And that's okay because for you, life is all about trial and error. It's about learning through your own experiences, discovering what you want, and figuring out what works.



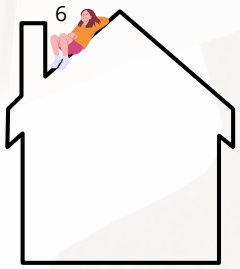
Profile 4: Opportunist
The Opportunist is a connector, a natural networker. You are here to bring people, situations, and circumstances together. To do this, you first need to build a network, but once you do, you'll see opportunities flow to you through that network.



Profile 5: Heretic
You are the hero of society. Don't you often have all the answers and solutions, even for problems you technically have no expertise in? Naturally, you often manage to help anyway. When someone calls for help, you immediately step in.



Profile 6: Role model
Whether you are a big or small role model, it's in your blood (energy system) to be an example for others. While your life starts with the same 'trial and error' process as Profile 3, in the second phase of your life, you transform into a source of inspiration for others. And you don't need to do anything to achieve this—just be yourself.



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This e-book does not provide a complete overview of everything Human Design has to offer, simply because there's too much to fit into one summary. Instead, I'll share the basics with you, the foundational principles, so you can start reading your Chart and, hopefully, become as excited as I am about living according to your Design!

Learning to read your Design is not the end goal; it's just the beginning. The beginning of a life-changing experiment, with you as the main character.

Do you really want to learn to live your Design?

Start by visiting the website https://my-human-design.eu, where you can find more information in the blog section.

You can also order your detailed Human Design Blueprint or a Deep Reading, which thoroughly discusses all aspects of your Human Design Chart.

See you soon!

Anne

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