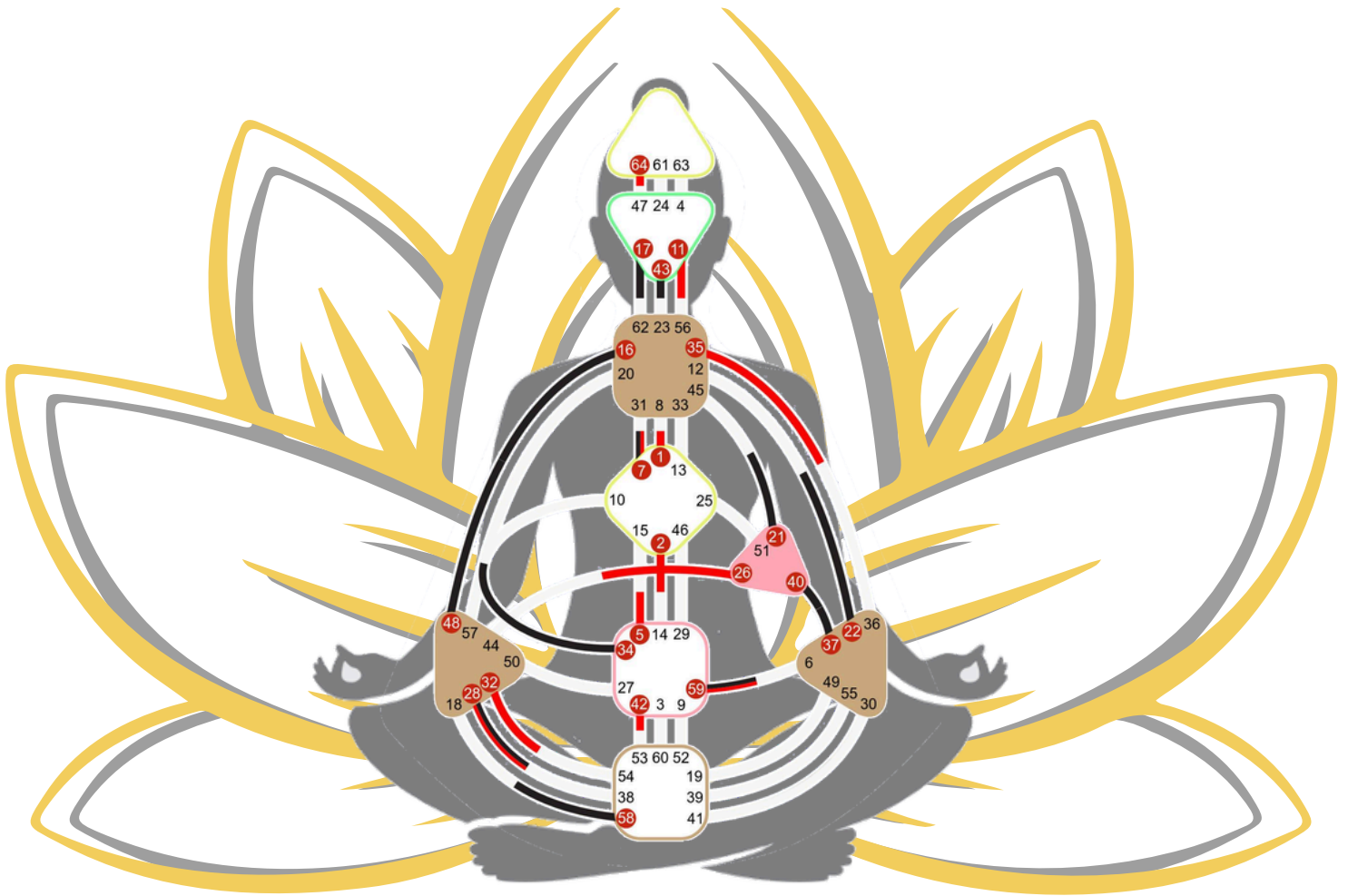


How to read a Human Design chart



Introduction

For many people who come across Human Design, it all seems too complicated to invest time in.

You're also quickly discouraged by statements like "it takes 7 years to decondition" and "you need an official certificate if you want to do anything with Human Design."

Nonsense!

Of course, it's true that you need to understand Human Design to get the most benefit from it.

It's also not something to be interpreted randomly. Ra Uru Hu set the guidelines, and the best way to understand the whole system is by following those guidelines.

That doesn't mean, however, that everything can only be explained in one way, as some "official" Human Design organizations may try to tell us.

You absolutely don't need a certificate from them to live your Human Design and then be able to explain it to others.

To help you get started, I'll explain step-by-step how to read a Human Design chart.

Don't have your own chart yet? You can get it at www.living-my-design.com

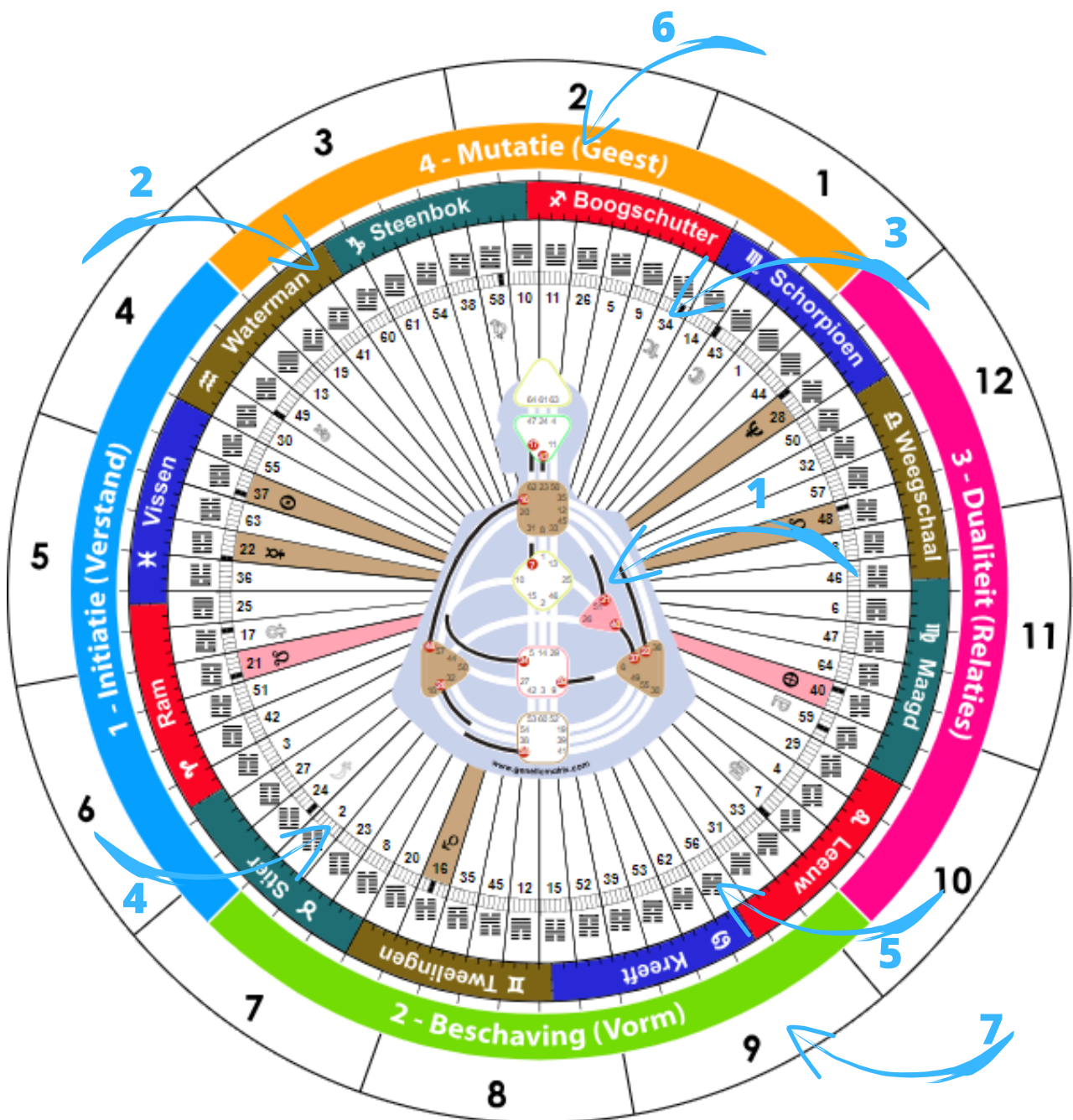
Here we see the **BodyGraph** with the 9 Centers (**Arrow 1**) and around it the **astrological wheel** (**Arrow 2**) containing the 12 signs of the zodiac. In the I'Ching wheel (**Arrow 3**), you see numbers, which are the **64 Gates** of the I'Ching.

Human Design is thus essentially a combination of the I'Ching and astrology.

Each number is divided into 6 sections, representing the **Lines** (**Arrow 4**).

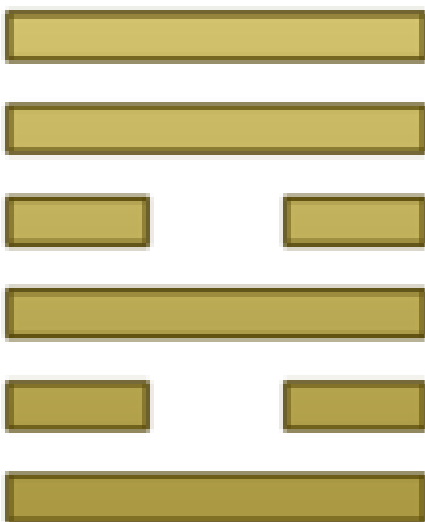
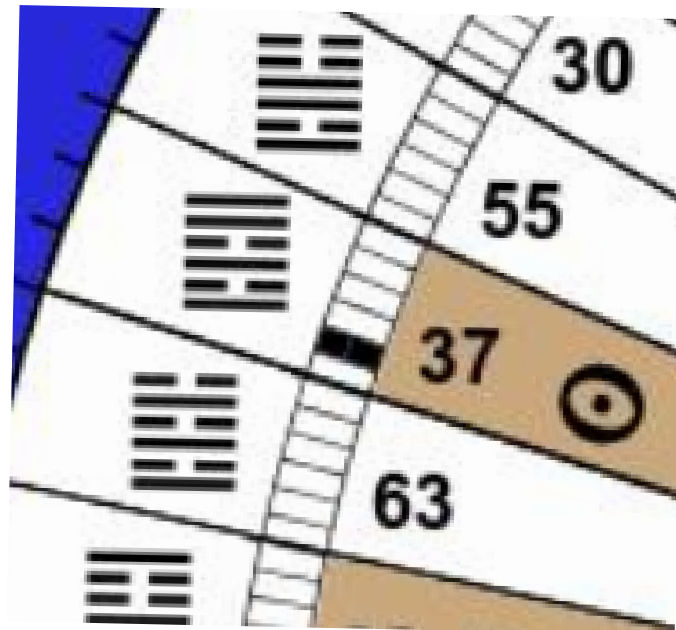
Above the Gate numbers, you see the **64 Hexagrams** of the I'Ching (**Arrow 5**).

In the second-to-outermost wheel, you see the **4 Quarters** (**Arrow 6**), and in the outermost wheel, the **12 Houses** from astrology (**Arrow 7**).



Below you see a detail of Gate or Hexagram 37 from the I'Ching with the division into 6 Lines above it, with Line 5 activated.

There are a total of 64 Gates x 6 Lines = 384 Lines.



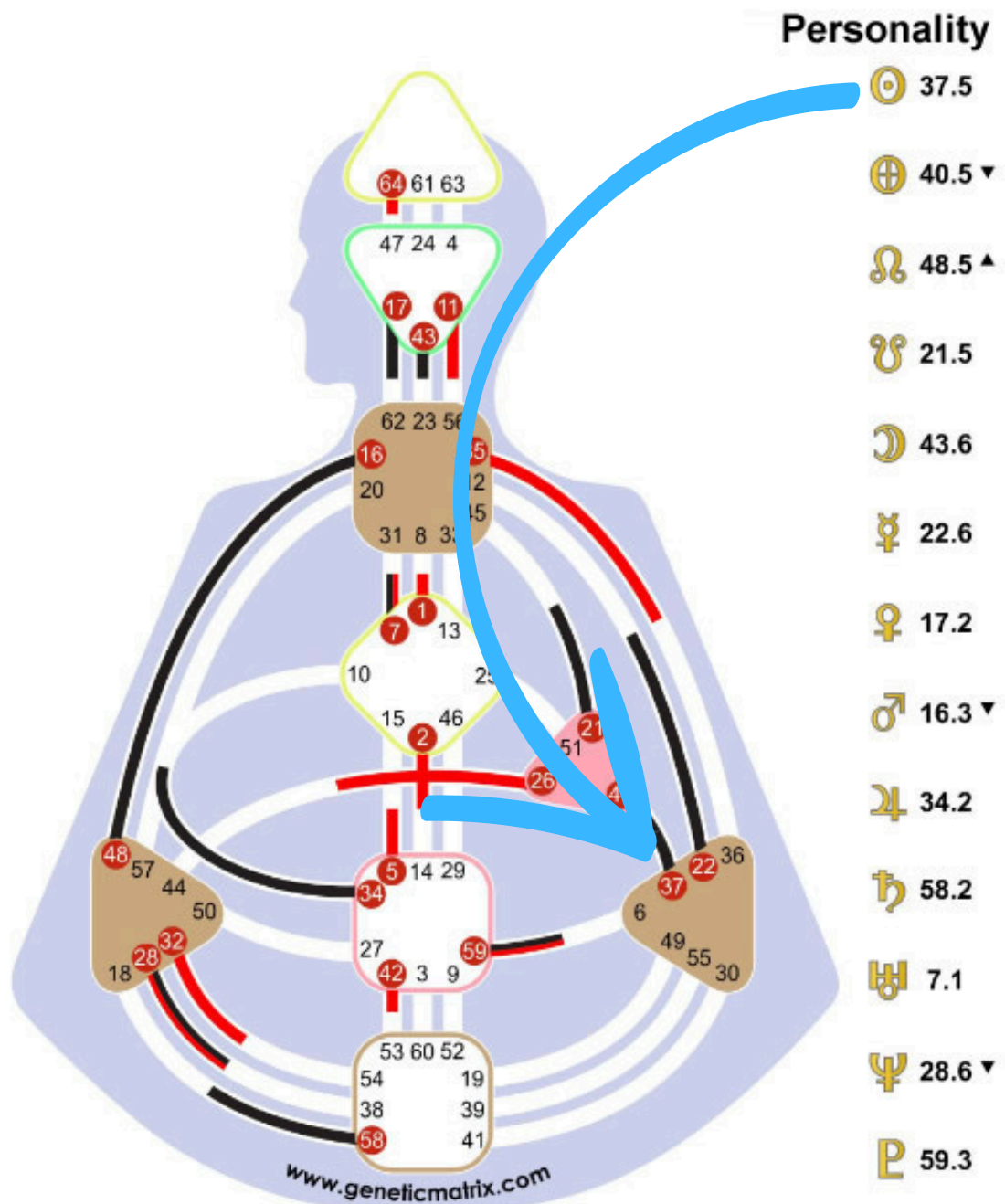
Hexagram 37

Broken Lines are Yin or feminine Lines

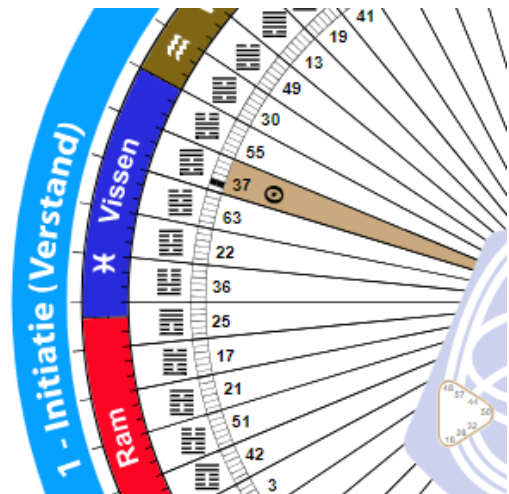
Solid Lines are Yang or masculine Lines

Using the Mandala (the full wheel) and the BodyGraph, you can see that when you were born, the planets were in specific positions.

The positions of these planets influenced the neutrinos (tiny particles moving through the cosmos), which in turn have an effect on you.



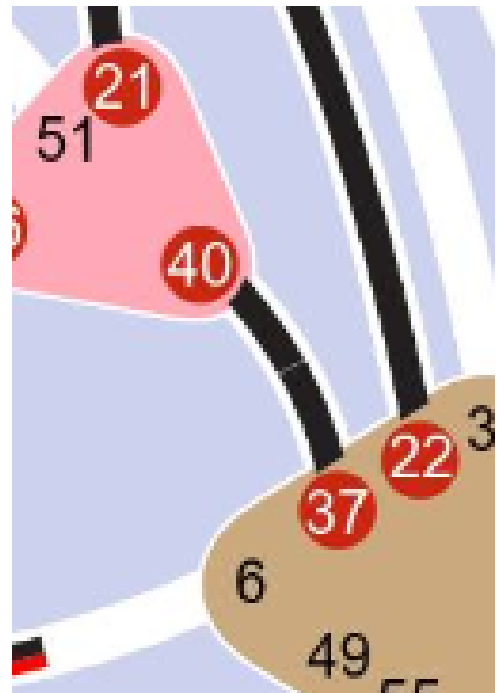
In this case, when I was born, the sun was in Line 5 of Gate 37 and in the zodiac sign Pisces. Gate 37 is the Gate of Friendship. Each Gate next to a planet on the BodyGraph gives you a certain talent or gift. Gate 37 represents the energy for fostering strong family bonds through effective communication and healthy boundaries. Gate 37 believes that all people are worthy of respect and treats everyone as a valuable part of the family, community, or circle of friends.



Gate 37 combines with Gate 40 to form a Channel. This Channel, 37-40, represents the talent to foster a deep sense of emotional and spiritual well-being within my immediate community.

Gate 40 carries the energy to balance a heart of service with the need for solitude, rest, and relaxation. For Gate 40, boundaries are essential. With the right boundaries, it can dedicate large amounts of energy to serving its community.

Gate 40 ensures balance is maintained to promote the well-being of the community or family. It provides the structure needed to execute the energy of Gate 37.



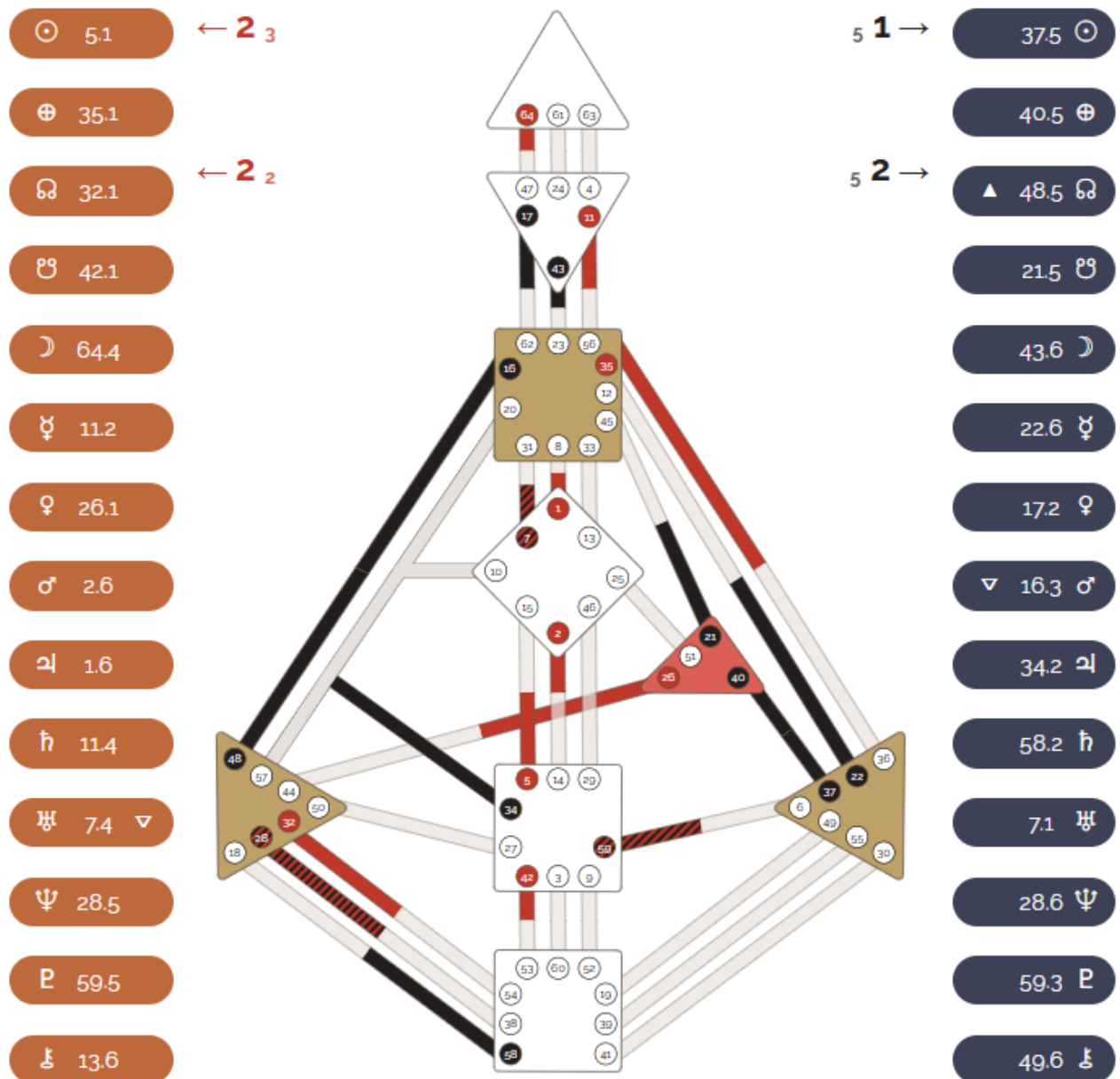
Each planet activates a specific Gate in the BodyGraph.

Planets/Celestial bodies

	Personality
Sun	 37.5
Earth	 40.5 ▼
North Node	 48.5 ▲
South Node	 21.5
Moon	 43.6
Mercury	 22.6
Venus	 17.2
Mars	 16.3 ▼
Jupiter	 34.2
Saturn	 58.2
Uranus	 7.1
Neptune	 28.6 ▼
Pluto	 59.3

If we now look at the complete BodyGraph, we can see that all the planets activate a Gate and a Line.

All these planet-activated Gates are also circled in red on your BodyGraph. These are called activated Gates.



But why is there a black and a red side?

The **black side** represents your conscious personality, your mind—something very present and the part of you that you "think" you are. It is the observer of your experiment here on Earth, often referred to as the "passenger."

The black side is calculated at the moment of your birth, the exact time you leave the womb and see the light.

The **red side** represents your unconscious design, which is calculated approximately three months before your birth. This is the "intelligence" that operates and maintains your body, often referred to as the "vehicle." It is believed that this is the moment the soul enters the body. It is something deeply ingrained in you, though you may not be fully aware of it.

The combination of these two aspects makes Human Design very unique and is what gives rise to the BodyGraph.

You'll notice that some lines in the BodyGraph are black, and some are red. The black lines correspond to your Personality, while the red lines correspond to your Design.

You may also see some lines that are both black and red. This indicates that the activation occurs in both your Personality and Design, meaning the same Gate was activated by two different planets or celestial bodies.

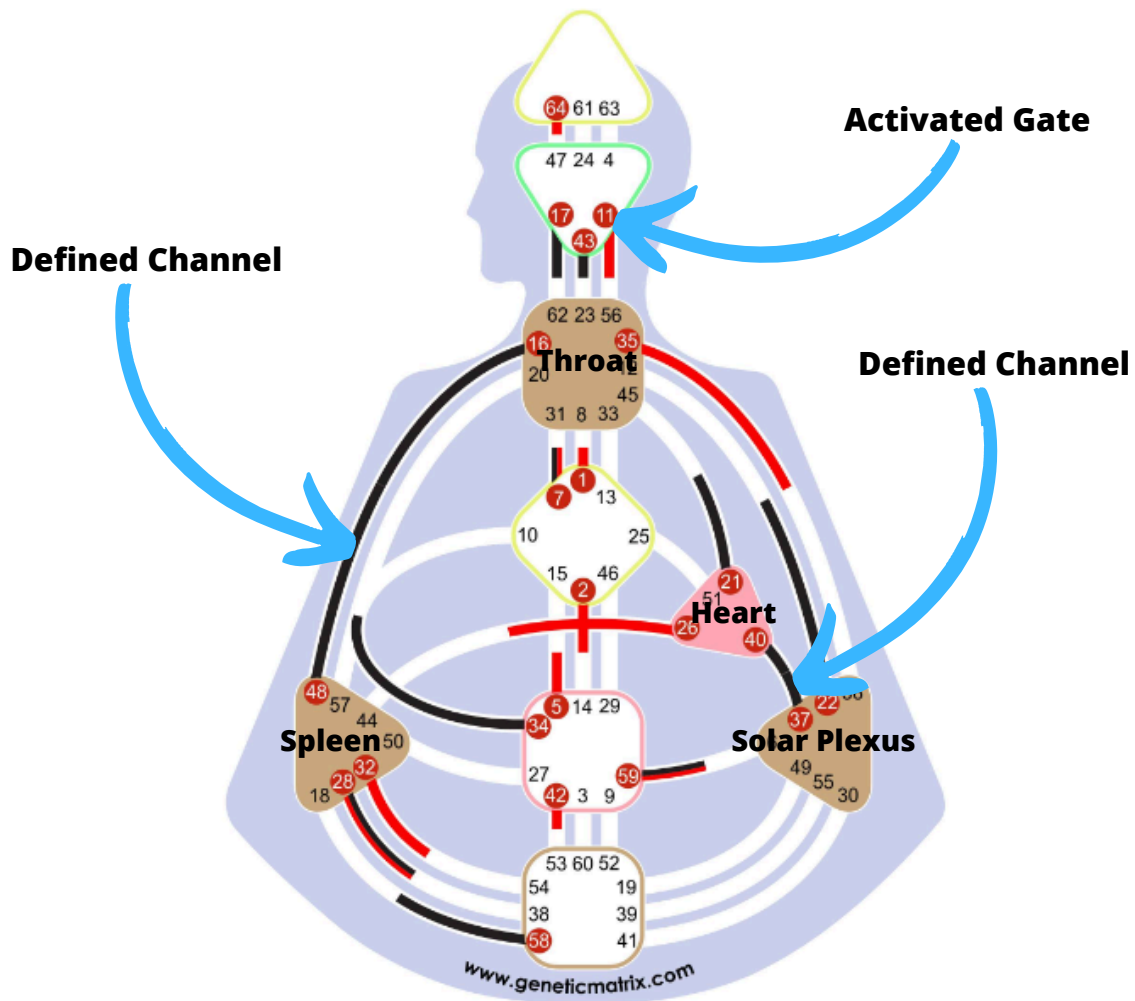
A defined Channel is created when two activated Gates are connected.

For example, on the next page, Gates 16 and 48 were both activated at birth (conscious side) by the planets or celestial bodies Mars and North Node. Together, they form a defined Channel, which is marked in black.

An example of an activated Gate that does 'not' form a Channel is Gate 35. This Gate was activated three months before birth (unconscious side) by Earth and is therefore marked in red. Since its opposing Gate (or harmonious Gate), Gate 36, was not activated—neither consciously nor unconsciously—there is no defined Channel between these two Gates.

Defined Channels also create connections between the Centers where the activated Gates are located. For instance, in the example on the next page, the Channel 16-48 defines both the Throat Center and the Spleen Center. Similarly, the Channel 37-40 defines the Heart Center and the Solar Plexus Center.

Gates and Channels



Even if two harmonious Gates do not form a defined Channel and only one of the Gates is activated (consciously or unconsciously), the harmonious Gate at the other end of the Channel can still be activated by someone else who has that Gate defined in their BodyGraph or by the transit of planets/celestial bodies.

At that moment, the potential of that Gate (and thus the Channel) becomes activated for the duration of the transit or the time you spend with that other person.

Centers

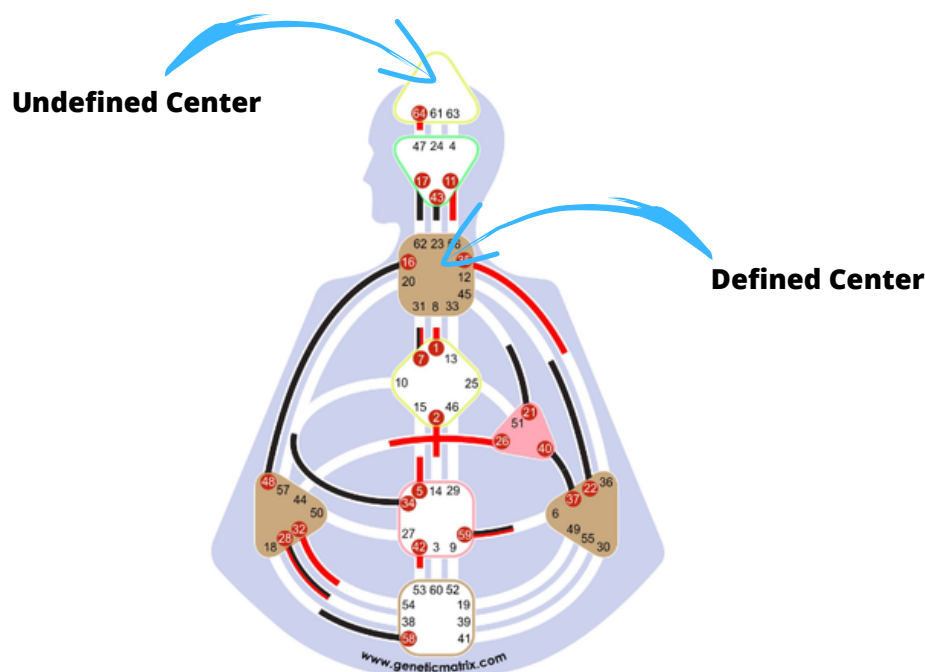
As mentioned earlier, Centers connected by a Channel become defined, meaning they are colored in. As you can see in the BodyGraph below, some Centers are white, and others are colored.

A **defined Center** has a consistent expression. It is something you can rely on—a gift that is always present. It can also condition other people who have the same Center undefined or white.

An **undefined Center**, on the other hand, has an inconsistent expression. This doesn't mean you don't have access to its energy, but that its expression fluctuates—it comes and goes. Often, these are areas where you're here to learn and grow through challenges.

This might be the case with the Ajna Center (also known as the third eye). You may find that sometimes you can remember things easily or structure your thoughts very precisely, but other times you suddenly lose that ability, perhaps due to the influence of the people around you. For instance, you might have a particular friend around whom you are very expressive and clear, but when you're with another group of friends, you may not have that same ability. This could be due to your undefined Ajna Center.

But that's not all. In white Centers, the energy of other people can also be amplified. People with open Centers are more sensitive to their environment and the energies around them.



Brief definition of all Centers.

Head Center: Inspiration and mental pressure. It generates energy to think, seeking meaning and answers in life.

Ajna Center: Functions like a computer. It processes, organizes, and structures information, storing it in memory.

Throat Center: Expression and action. It's about communication and initiating or accomplishing things in life.

G Center: Represents love and direction—not from the mind, but from the soul. This Center also houses the Magnetic Monopole, which guides us toward the experiences we're meant to have in this life.

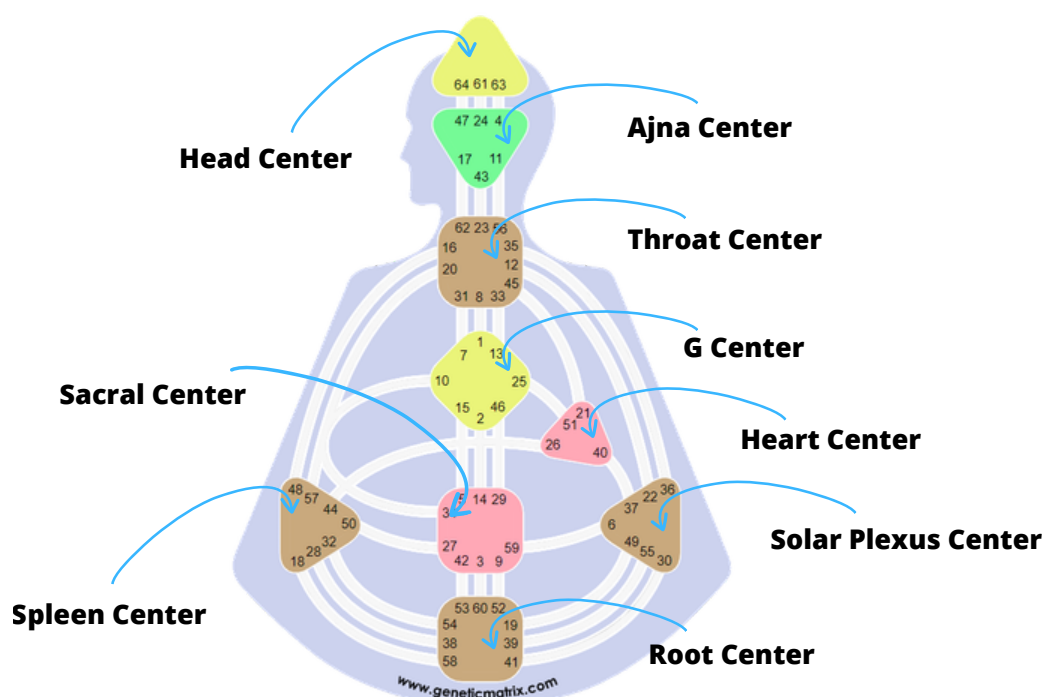
Heart Center: Governs self-worth and the drive to achieve.

Solar Plexus Center: Represents emotional waves and the processing of emotions.

Spleen Center: Represents intuition, instinct, and the immune system.

Sacral Center: Governs vitality and the capacity for sustained work.

Root Center: Represents the drive to evolve, grow, and become better. It provides impulses to act throughout life.



Aura Types



Generator & Manifesting Generator

Open
Everyone can come in
Enveloping
Aura hug



Manifestor

Compact
Dense
Closed
Repelling



Projector

Focused on others
Penetrating
Absorbing
Probing



Reflector

Amplifying
Reflecting
Nothing sticks
Resilient

Depending on which Centers are defined in your chart, your aura type is determined.

Your aura is your energy field, extending about two arm-lengths around you. This energy field can have very different characteristics.

Generator and Manifesting Generator: Enveloping aura that invites people in and holds them together.

Manifestor: The opposite of the Generator, it has a closed aura that pushes people to initiate things. It's not open and inviting like the Generator's aura.

Projector: A penetrating aura that allows the individual to see deeply into others and gain profound insights. There are two key aspects to this aura: First, it must be invited. You can't dive deeply into others uninvited; you need to be recognized and invited, which makes a big difference. As a Projector, offering unsolicited advice or correcting others when you see a better way is rarely effective. Second, it's a one-on-one aura, not an inviting aura like the Generator's, which enjoys being surrounded by many people. As a Projector, you can deeply connect with only one person at a time.

Reflector: A very open aura that amplifies the environment. In a group, a Reflector reflects and magnifies the characteristics of the surrounding environment, acting as a mirror for the group.

Strategy



Generator / Manifesting Generator

Waiting to respond/Inform and respond

Signature: Satisfaction



Manifestor

Inform & Initiate

Signature: Peace



Projector

Waiting for recognition & invitation

Signature: Success



Reflector

Waiting for a lunar cycle

Signature: Surprise

Strategy is the way you move through life.

Generator and Manifesting Generator: You need to wait to respond. You must feel in your Sacral Center what life brings you. Do you feel like going out? Do you feel like eating pizza? Your gut will respond with either "aha" or "nah," and that's the feeling you need to follow. This is how you, as a Generator or Manifesting Generator, should navigate life. Don't listen to your mind if your body says "aha"—just go for it. Similarly, if your gut says "nah," even if you've made a commitment or your mind tells you otherwise, don't go against your gut feeling.

Manifestor: Inform before you act. Before initiating something, when you feel the drive to begin something, first let the people around you know what you're going to do. Inform them first and observe how this affects your life. You'll experience less resistance from others, and this can significantly improve your relationships, both personal and professional.

Projector: Wait for the invitation. Don't offer advice or give away your gifts until you're invited. Wait for someone to recognize your talents and invite you to share them.

Reflector: You need to be highly aware of all the planetary transits that move in a 28-day cycle, as they will significantly influence how you make decisions. Whenever possible, you should wait at least a month for clarity before making major decisions.

Not-Self themes



Generator / Manifesting Generator

Frustration



Manifestor

Anger



Projector

Bitterness



Reflector

Disappointment

The Not-Self Theme is like a compass, signaling that you may not be living in alignment with your design. When you feel this emotion, it's a sign to return to the Strategy described earlier.

Generator and Manifesting Generator: Frustration.

Return to your Strategy: wait to respond and follow your gut feeling.

Manifestor: Anger.

Return to your Strategy: inform before you act, so others know what you're about to initiate. This reduces resistance from others who might ask questions, interrupting your flow and causing your anger.

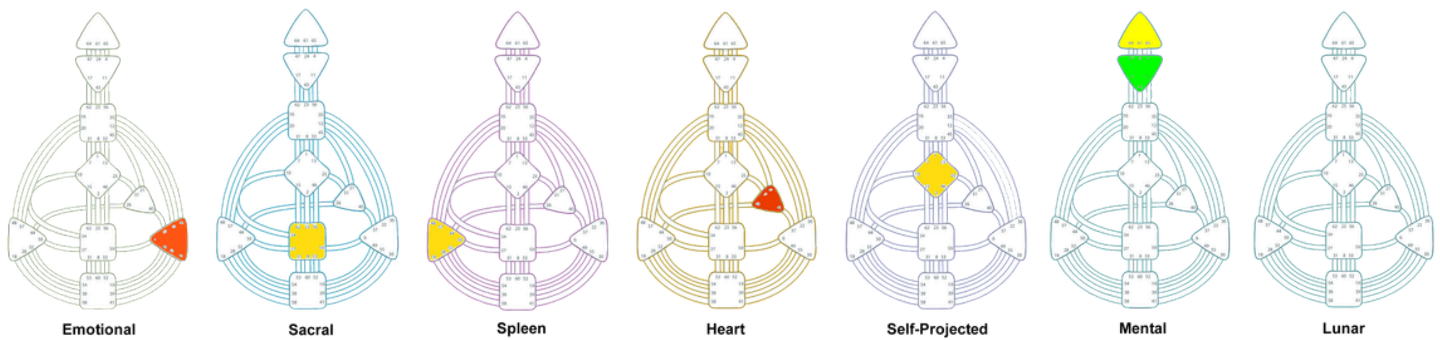
Projector: Bitterness.

Return to your Strategy: wait for recognition and invitation. Offering unsolicited advice can lead others to perceive you as a know-it-all, which can leave you feeling frustrated when your knowledge isn't received.

Reflector: Disappointment.

Return to your Strategy: wait for a full lunar cycle before making major decisions.

Authority



There are 7 Authorities, and they are hierarchical, listed in the image above from left to right.

We will discuss the first 3 here, as they make up more than 90% of the population. Your Authority helps you make the right decisions in life. Whenever you need to make a decision—especially an important one like a new job, a move, or a new relationship—it is highly recommended to rely on your Authority and observe what happens in your life.

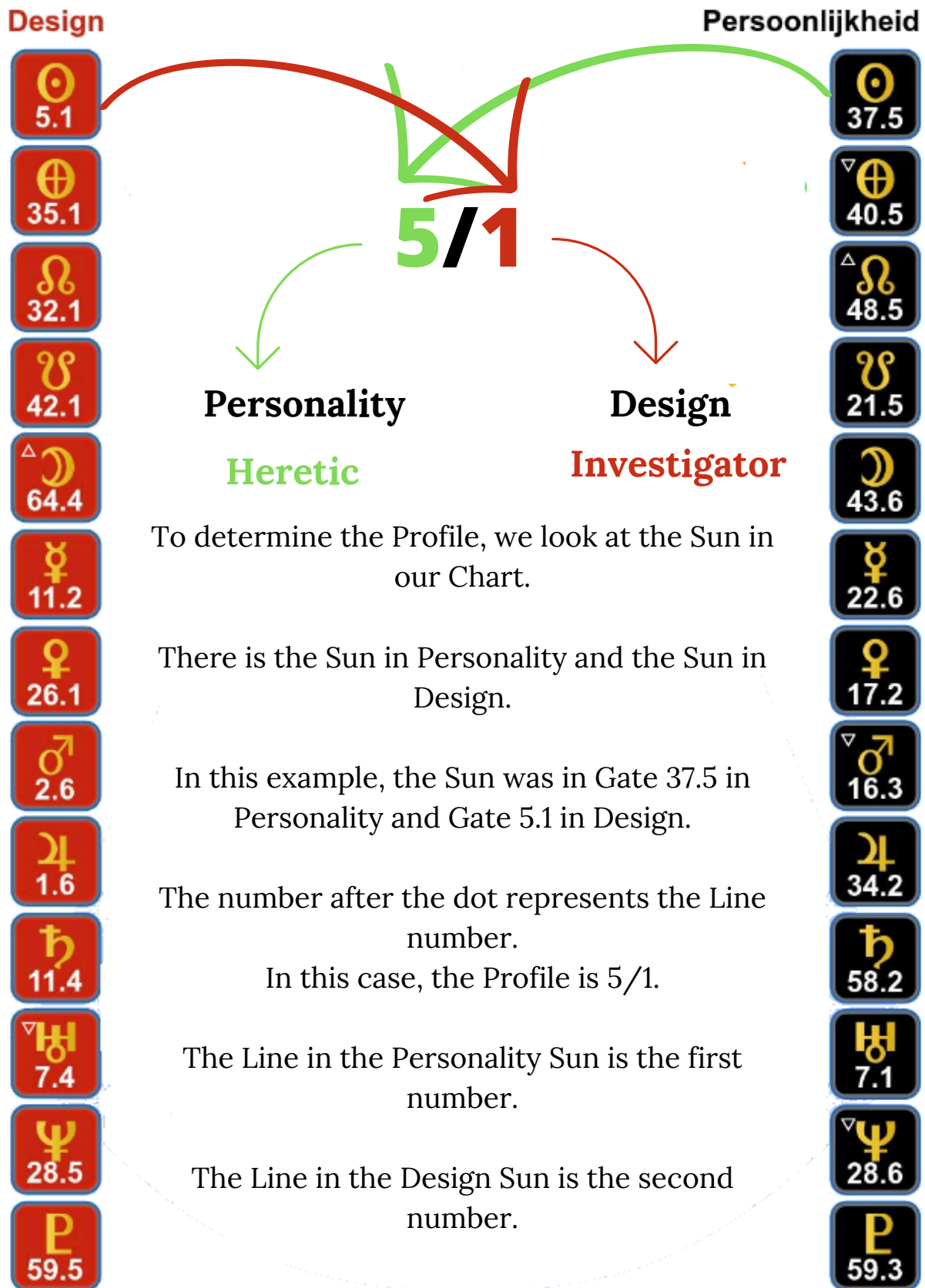
Emotional Authority: You must go through your full emotional cycle before making a decision. Initially, you may feel excitement, then neutrality, followed by a dip or low emotional state, and finally return to neutrality. Once you've evaluated the decision from all these emotional states, clarity will emerge. It's important not to rush into decisions or act impulsively. Take your time—at least sleep on it.

Sacral Authority: As explained in the Strategy section, you must respond to your gut feeling, your Sacral Center. No matter what the mind says, always listen to your body.

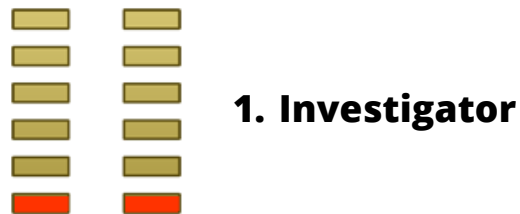
Splenic Authority: This Authority applies if your Solar Plexus and Sacral Center are undefined. It is your instinct and intuition, and it works in the moment. It's the opposite of Emotional Authority. You're meant to be spontaneous, and as you approach a decision or something that happens today, your body will know the answer. For example, when you tune into your body, it might say, "No, be careful, this is dangerous," or "No, let's not do this, it's risky." There's no rational explanation for it; it doesn't come from your mind—it's simply your body warning you.

The 12 Profiles

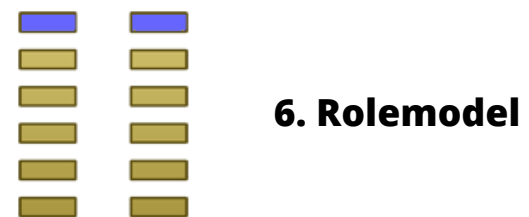
Your innate roles



Personal



Transpersonal



12 possible Profiles

1/3

1/4

2/4

2/5

3/5

3/6

4/6

4/1

5/1

5/2

6/2

6/3

Profiles are the roles we are meant to fulfill in our lives.

There are 6 Lines in the I'Ching, as you can see in the Chart (or BodyGraph) and in the image on the previous page.

The first 3 Lines are personal and individually focused, while the last 3 are transpersonal or more outwardly oriented (towards society and the environment).

You also need to consider which Line is on your Personality side and which is on your Design side.

If you have a Line 1 Personality, you will be very aware of the aspects of investigating and creating, which are the traits of Line 1. If Line 1 is on the Design side, it may be hidden, something you are not consciously aware of, and it might be something you develop over time in life.

That's the magic of Human Design! It can reveal talents, purpose, and direction you didn't even realize you had.

Next, we will briefly describe the characteristics of each Line.

Line 1: Investigator

These are people who love to dive deep into a subject. They enjoy learning extensively and delving into knowledge.

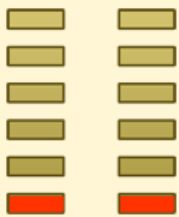
They are always fascinated by learning something new and are also very creative individuals.

They are the ones who bring new things into the world.

However, their weak point is their insecurity. No matter how much they know, they are also aware of how much they don't (yet) know. They have a strong desire to keep digging deeper and building a solid foundation before moving forward.

It is also important for them to be honest about what they know and to express it.

These people provide certainty by saying, "This is how much I know; this is what I can offer you," and so on.



Investigator

- Study and self-reflection form the foundation of your creativity.
- You are someone who does the work and research, the expert.
- You can identify cracks and weaknesses in the foundation.
- Creative and practical, you need grounding to feel secure—asking, "Is this solid or not?"
- You are an authority in your field, inspiring trust in others.
- An isolated personality, you prefer to conduct your own research.

Strengths: Complete information & directness.

Shadow/Not-Self: Insecurity – Suppression – Negativity.

These individuals often feel they're not ready, that they don't know enough. They may come across as overly serious, with feelings of inferiority. Healing comes through honesty.

Weakness: Insecurity.

Line 2: Hermit (also known as the Dancer)

Unlike Line 1, these individuals have a natural talent, and things tend to come easily to them. They may have a tendency to want to be alone, to retreat, but eventually, someone will say, "Hey, you're really good at this—you should share it," and Line 2 is called out of their hermit cave to offer their talents to the world.

It's about waiting for a calling to step forward.

A weak point for Line 2 is denial—denying that they have a natural talent, denying that they are needed, or being blind to relationships or financial situations. The solution is to stay in a high-frequency flow. Try to dance through life, as the name of this Line suggests.



Hermit

- Follow your natural talents and gifts.
- Needs periods of solitude.
- Waits for a worthy calling to re-enter the world.
- Natural and easeful in being.

Strength: High frequency without an agenda.

Shadow/Not-Self: Blame, irresponsibility.

Weakness: Denial, heals through finding "flow" in life.

Line 3: Martyr

This Line is very dynamic and enthusiastic about trying new things. It's all about trial and error for this Line. It is one of the most pragmatic Lines. The 3rd Line always knows what works and what doesn't, as it constantly experiments, tries new things, and makes mistakes.

One of the challenges for Line 3 is feeling shame about those mistakes, thinking, "Oh, I messed up again," or "That didn't work the way I expected." Others might criticize you for failing or urge you not to get carried away. The best way to handle this is with humor. Relax, laugh at yourself, and try again the next day.

For Line 3, it's incredibly beneficial to experiment, try new things, be spontaneous, and see what life brings your way.



Martyr

- Trial & Error
- Experimenting, discovering
- Wisdom gained through experience
- Dynamic, cheerful, versatile

Strength: Completely pressure-free

Shadow/Not-Self: Noncommittal, pessimistic, unreliable

Weakness: Shame – Heals through humor

Line 4: Opportunist

This is the first of the transpersonal Lines, and it is very important for these individuals to have their own network, their own family, or their own circle of people. These individuals are highly dependent on their environment. For example, a child with a Line 4 may stay with their parents longer than other children simply because they are a Line 4.

If you have a Line 4 in your Profile, it's important not to leave your job unless you already have another one lined up. Creating long-term structures or communities (friends, family, etc.) is essential for your well-being.

The weak point for Line 4 is rejection—being rejected by your community or your friends. People with Line 4 may have a tendency to reject others first, out of fear of being rejected themselves.

The Not-Self of Line 4 is associated with manipulation, corruption, and behaviors often attributed to politicians.



Opportunist

- Opportunistic
- Social, influential
- Thrives with love from the community
- Service from the heart

Strengths: Integrity, honesty, gentleness, romance

Shadow/Not-Self: Manipulation, corruption, surrender

Weakness: Rejection – Heals through gentleness

Line 5: Heretic

Line 5 has a natural talent for fixing things, finding practical solutions, and identifying what needs to be done while providing answers.

Line 5 operates within a projection field, meaning people see them and think, “This person is my savior, they have the answers and solutions for me,” or conversely, “This person is the cause of all my problems, they’re the devil.”

One of the challenges for Line 5 is feeling unseen—believing that people only perceive the projection and not their deeper, authentic self. This can lead to a lot of sadness for those with Line 5.

Individuals with Line 5 have a very seductive, powerful energy, which is beautiful, but it comes with a caution: if you can’t deliver on the solutions you promise, you may face difficulties. You risk moving from the “angelic” side of the projection to the “devilish” side. It’s important to listen to others, rather than imposing your will and becoming a tyrant. Truly hear what those around you need and apply your solutions accordingly.

Line 5 individuals may also experience guilt—whether for something they did or didn’t do. This guilt is a vulnerability, and the key to overcoming it is to practice forgiveness.



Heretic

- Natural problem-solver
- Leadership & strength
- Seductive & attractive energy
- Attracts projections (both positive and negative)

Strength: Simple & practical solutions

Shadow/Not-Self: Tyranny, ignoring what others say

Weakness: Guilt – Heals through forgiveness

Line 6: Role Model

Line 6 represents the visionary, the role model, or the teacher.

This Line experiences life in three distinct cycles. Until the age of 30 (around their Saturn return), individuals with Line 6 behave like a Line 3, navigating life through trial and error.

After this phase, they transition into the next two phases. First, they "go on the roof," which means they become more detached and distant from society and the happenings of the world.

At around age 50, they return to the world, becoming a servant, a teacher, or a role model. At this stage, they bring the wisdom gained from the experiences of their earlier years.

Patience is essential for Line 6 individuals, as they tend to develop later in life due to these cycles. One of the main challenges for Line 6 is detachment, arrogance, or believing they are superior to others.

If you are a Line 6, try to stay grounded, especially when interacting with people who have Line 1, Line 2, or Line 3 in their profile. These individuals are more grounded in their approach and may not yet be ready to meet your vision. Make an effort to meet others where they are in life and observe how this shifts the dynamics in your interactions.



Role Model

3 life stages:

- 0-30: Behaves like Line 3
- 30-50: Reflective guide
- 50+: Integrated role model

Visionary, observant

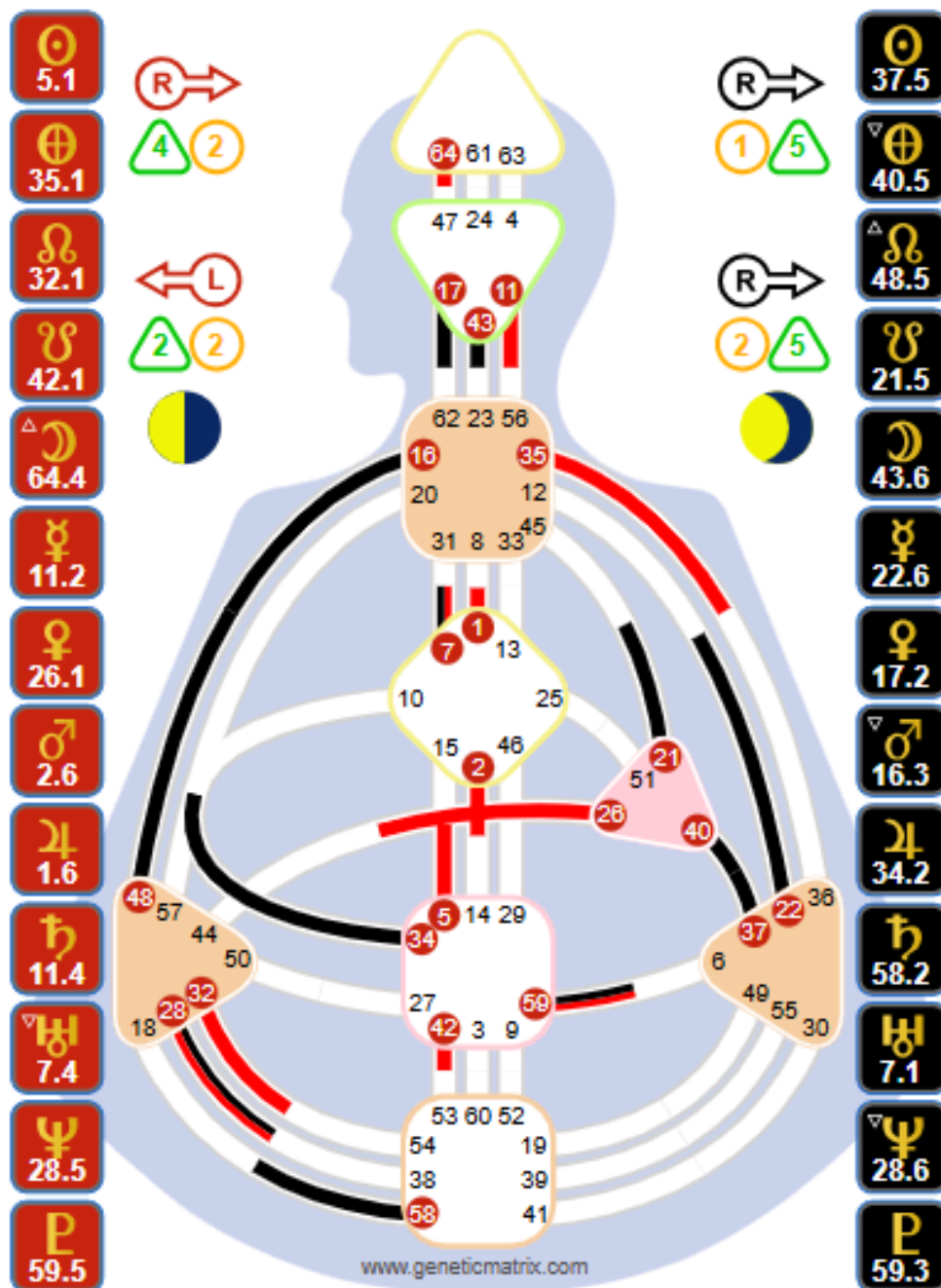
- Educator

Strength: Patience

Shadow/Not-Self: Detachment, arrogance

Weakness: Isolation – Heals through care

Now let's return to the Chart we looked at in the beginning. This time, we'll use the complete Chart, including the information at the bottom. Now see how you can apply all the information from the previous pages.



Type:	Emotional Projector
Profile:	5/1 - Heretical / Investigator
Definition:	Split - Small (12,36,44,45)
Incarnation Cross:	LAX Migration 1
Inner Authority:	Solar Plexus
Strategy:	Wait for Invitation
Themes:	Success / Bitterness

You now know your Type and the Strategy you should apply in your life.

You understand your Profile and the roles you are meant to fulfill in this life, and you know how to act on them.

You also know your Inner Authority (Solar Plexus = Emotional Center) and how you are meant to make decisions in your life. In this case, waiting for your emotions to settle and listening to your Splenic Authority (Intuition/Instinct).

What is your Strategy? And what is your Not-Self theme? What throws you off balance, signaling that it's time to return to your Center?

Beyond this foundational knowledge, there is also Definition and the Incarnation Cross. The latter is a journey that spans your entire life and serves as one of the key markers of your purpose in this life.

Would you like to dive deeper into the topics covered in this short guide? It may be helpful to start with a blueprint of your personal Human Design.

This will help you understand more quickly how the puzzle pieces fit together beautifully.

